

# European Rope Skipping Championships 2013







## A warm welcome to Aalborg



It is my great pleasure to welcome all of you to the European Rope Skipping Championship in Aalborg. We are very honored to host the very best rope skippers in Europe, your families, trainers and fans and we will do our very best to give you a good stay in the northern part of Denmark.

Aalborg is a city with a very strong tradition in hosting sports events and we do have a focused view on sport. We enjoy having people come to our city and we are quite proud to show all our facilities to our visitors.

Rope Skipping is quite big in Aalborg – especially because we have the Gug Rope Skipping Team in our city. They have been very good at promoting the sport and to be quite honest with you; I have to tell that we are very proud to have those fantastic girls in our city. They make people clap and smile wherever they are acting and showing their skills.

I know that everybody is here for the medals, but it is my hope, that you also find the time to discover our city and to enjoy the togetherness with all the participants from other countries.

**It is my hope, that you will have a pleasant and fun stay in Aalborg – we have been looking very much forward to welcome you all.**

Henning G. Jensen  
Mayor of Aalborg

## President's Message - European Rope Skipping Organisation



### Dear Athletes, Coaches, Judges, Parents and Spectators

It is my pleasure, on behalf of the European Rope Skipping Organization, to welcome you all to Denmark where the first joint team and individual competition in Europe is being held. This event combines the 17th European Team Championships with the 10th European Masters. This is the fifth European Rope Skipping event to be held in Denmark and we are pleased to be back again, this time to Aalborg in the north of this beautiful country.

Once again the participation has increased, with skippers from 10 countries competing in 38 Championship teams, 40 Youth and Open Tournament teams and a total of 92 skippers in the European Masters and Individual Youth Tournament. As ERSO continues to grow, we are very pleased that competitors from two of our newer member countries, Czech Republic and Portugal, are competing this year and representatives from Estonia and Russia are also present. With 565 registered people, this is the largest European event since ERSO was founded 20 years ago. We look forward to three exciting competition days followed by the European camp, which will provide a platform for skippers from the various countries to skip and socialize together and exchange their experience and skills.

Although the athletes will no doubt be the center of attraction during this event, I would first like to express my sincere thanks to their coaches, who have spent many hours of their free time training the athletes you see here. In addition, we should thank the dedicated parents, for providing their sons and daughters with the support they require, to enable them to perform their much loved sport and travel to competitions. My special thanks go to the judges, for their commitment and fairness in deciding who the best performers are, and without whom such competitions could not be organized.

Please also allow me to congratulate and sincerely thank the Gug Rope Skipping Team and Aalborg Events for their excellent hospitality and the inexhaustible effort they have spent in hosting this great event. It will no doubt be a memorable one for all of us. I sincerely hope that everyone will thoroughly enjoy their stay in Aalborg.

Finally, I would like to wish our athletes exciting competitions, dominated by good sportsmanship, as we once again look forward to enjoy watching Rope Skipping at its finest.

**Good luck to you all.**

Richard Stannard, ERSO president



# Welcome to Aalborg



On behalf of the Danish Gymnastics Federation, The Organizing Committee, the volunteers and everyone else involved in the European Rope Skipping Championships 2013 – Welcome to Aalborg.

It is an honor for us to host this event which we have been looking forward to in anticipation. Over the years Denmark has hosted many great international gymnastics events and each of them has been better than the previous.

The Danish Gymnastics Federation working together with the town of Aalborg, Aalborg Event, Gug Rope Skipping Team and a lot of volunteers will make every effort to ensure that the European Championship will be a success.

We wish the best of luck to all participants and look forward to show our support to all skippers.

## Have a fantastic time in Denmark

Jytte Storm, Vice president  
Danish Gymnastics Federation

# Competition Schedule

## Friday July 26th

09:00 Open Tournament Teams 15+ (Female and Mixed)  
13:00 Youth Tournament Teams 12-14 (Female, Male, Mixed)

## Saturday July 27th

09:30 European Championships Teams 15+ (Male and Mixed)  
13:00 European Championships Teams 15+ (Female)

## Sunday July 28th

09:30 Youth Tournament Individuals (12-14) (Male and Female)  
13:00 European Masters 15+ (Male and Female)

## Meal Times (on all 3 competition days)

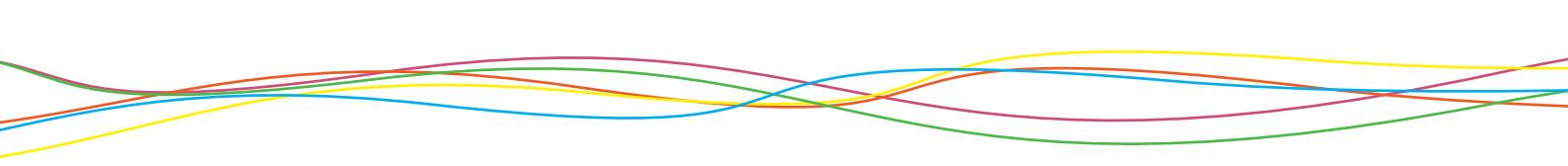
Lunch: 11:30 - 14:00

Dinner: 17:30 - 19:30

## Present European and World Records

Individual / Masters Events		Male		Female	
30 Seconds Speed	World	100	Jake Eve, Australia (2012)	102	Jolien Kempeneer, Belgium (2012)
	European	98	Lode D'Hollander, Belgium (2008)	102	Jolien Kempeneer, Belgium (2012)
3 Minutes Endurance	World	500	Chu Ting Ho, Australia (2012)	492	Tori Boggs, USA (2007)
	European	482	Lode D'Hollander, Belgium (2011)	485	Vivien Vajda, Hungary (2010)
Triple Unders	World	450	Scott Simpson, USA (2010)	330	Adrienn Banhegy, Hungary (2006)
	European	279	Kristof Laenen, Belgium (2008)	330	Adrienn Banhegy, Hungary (2006)

Team Events		Male		Female		Mixed	
4 x 30 Seconds Single Rope Speed & Double Under Relay	World	364	Hong Kong (2012)	368	Belgium (2012)	373	Australia (2012)
	European	338	Belgium (2009)	368	Belgium (2012)	366	UK (2010)
4 x 45 Seconds Double Dutch Speed Relay	World	570	Hong Kong (2012)	564	Belgium (2012)	602	Belgium (2011)
	European	539	Belgium (2010)	564	Belgium (2012)	602	Belgium (2011)
2 x 60 Seconds Double Dutch Pair Speed	World	392	Hong Kong (2012)	421	Hungary (2006)	440	USA (2007)
	European	377	Belgium (2005)	421	Hungary (2006)	389	Belgium (2007)



## Teams and Competitors

The following pages display the lists of teams and individual competitors, each with their unique team/competitor number. The order of the teams / competitors (from top to bottom) is the starting order in the corresponding competition.

Teams or competitors with grey boxes are NOT competing in these events.

Two sets of judges will be present for all team competitions. One set will judge the Single Rope Freestyles and the other set will judge the Double Dutch Freestyles. On the following pages the teams in each competition are listed in the starting order. Single Rope and Double Dutch freestyles will be jumped alternately. The letter (A or B) between the score boxes in the competition tables defines the freestyle order of each team, resulting in the following freestyle orders:

- The blue Teams with "A" between the Single Rope score boxes and "B" between the Double Dutch score boxes will jump both Single Rope events first followed by both Double Dutch events.  
e.g. "1001 Denmark 32" will jump the order: SR pair, SR team, DD single, DD double
- The green Teams with "B" between the Single Rope score boxes and "A" between the Double Dutch score boxes will jump both Double Dutch events first followed by both Single Rope events.  
e.g. "1002 Sweden 31" will jump the order: DD single, DD double, SR pair, SR team

The number above each Freestyle score box (e.g. SR1, SR2, .... or DD1, DD2,...) shows the order of freestyles judged by each set of judges.

The names of members of each team are shown below the corresponding score boxes

Two sets of Judges will also be present for the individual / Masters competitions, one for Male and the other for Female competitors. The order of the Masters Freestyles is as shown by the number to the right of each competitor table. Due to the fact that we have more Female competitors than Male, the first few Freestyles will be jumped only by Female competitors and all be judged by the judge panel 1. Later the Female and Male Freestyles will be jumped alternately.

## European Open and Youth Tournament Team Speed Field Allocation (all categories)

**Friday July 26th 09:00**

**SR and DD Speed: 15 + Open**

Round	Speed Field			
	1	2	3	4
1	1001	1002	1003	1004
2	1005	1006	1007	1008
3	1009	1010	1011	
4	1012	1013		
5	2001	2002	2003	2004

**Friday (about) 12:00**

**Double Dutch Pair Speed 15 + (2 x 1 Minute)**

Round	Speed Field			
	1	2	3	4
1	1001	1003		1004
2	1006	1008		1012
3	1013	2004		6011

**Friday 13:00**

**SR and DD Speed: 12 - 14**

Round	Speed Field			
	1	2	3	4
1	3001	3002	3003	3004
2	3005	3006	3007	3008
3	3009	3010	3011	3012
4	3013	3014	3015	
5	4001	4003	4004	4005
6	4006	4007	4008	

**Friday (about) 17:30**

**Double Dutch Pair Speed 12 - 14 (2 x 1 Minute)**

Round	Speed Field			
	1	2	3	4
1	3001	3002	3006	3009
2	3010	3012	3013	3014
3	3016	4001	4005	4007

## European Open Tournament 15+ (Female + Mixed)

### Single Rope

		Pair Freestyle
1001	Denmark 32	
1003	Hungary 32	
1005	Belgium 32	
1007	Belgium 33	
1009	Germany 32	
1011	Denmark 31	
1013	Sweden 32	
2002	Belgium 36	
2004	Hungary 31	
		Team Freestyle
1001	Denmark 32	
1003	Hungary 32	
1005	Belgium 32	
1007	Belgium 33	
1009	Germany 32	
1011	Denmark 31	
1013	Sweden 32	
2002	Belgium 36	
2004	Hungary 31	

### Double Dutch

		Single Freestyle
1002	Sweden 31	
1004	Hungary 33	
1006	Sweden 33	
1008	Denmark 33	
1010	Belgium 31	
1012	Germany 31	
2001	Belgium 37	
2003	Belgium 38	
		Double Freestyle
1002	Sweden 31	
1004	Hungary 33	
1006	Sweden 33	
1008	Denmark 33	
1010	Belgium 31	
1012	Germany 31	
2001	Belgium 37	
2003	Belgium 38	

### Short Break

		Pair Freestyle
1002	Sweden 31	
1004	Hungary 33	
1006	Sweden 33	
1008	Denmark 33	
1010	Belgium 31	
1012	Germany 31	
2001	Belgium 37	
2003	Belgium 38	
		Team Freestyle
1002	Sweden 31	
1004	Hungary 33	
1006	Sweden 33	
1008	Denmark 33	
1010	Belgium 31	
1012	Germany 31	
2001	Belgium 37	
2003	Belgium 38	

		Single Freestyle
1001	Denmark 32	
1003	Hungary 32	
1005	Belgium 32	
1007	Belgium 33	
1009	Germany 32	
1011	Denmark 31	
1013	Sweden 32	
2002	Belgium 36	
2004	Hungary 31	
		Double Freestyle
1001	Denmark 32	
1003	Hungary 32	
1005	Belgium 32	
1007	Belgium 33	
1009	Germany 32	
1011	Denmark 31	
1013	Sweden 32	
2002	Belgium 36	
2004	Hungary 31	

## European Open Tournament 15+

ID	Country	Age	Gender	Speed		Single Rope Freestyle		Double Dutch Freestyle	
				SR	DD	Pair	Team	Single	Double
1001	Denmark 32	Female				SR1	SR10	DD17	DD26
						A		B	
				Mille Helleroe, Natalia Nielsen, Laura Stockholm Weigelt, Laura Francis					
1002	Sweden 31	Female				SR19	SR27	DD1	DD9
						B		A	
				Julia Söderwall, Tova Bramsved, Maja Tangvald, Tove Rosengren, Julia Fransson					
1003	Hungary 32	Female				SR2	SR11	DD18	DD27
						A		B	
				Júlia Darvai, Dóra Krattinger, Flóra Bánhegyi, Dóra Károlyi					
1004	Hungary 33	Female				SR20	SR28	DD2	DD10
						B		A	
				Anita Paprika, Dóra Papdi, Barbara Lázár, Timea Takarics, Liza Mágocsi					
1005	Belgium 32	Female				SR3	SR12	DD19	DD28
						A		B	
				Anse De Meuleenaer, Morgane Huyge, Morgane De Decker, Lisse Durinck, Luna Maris					
1006	Sweden 33	Female				SR21	SR29	DD3	DD11
						B		A	
				Elsa Bäckström, Sandra Forsberg, Isabell Gustavsson, Vendela Hansson					
1007	Belgium 33	Female				SR4	SR13	D20	DD29
						A		B	
				Chloë Demeulenaere, Jodi Devolder, Sofie Heyse, Laura Verhasselt					
1008	Denmark 33	Female				SR22	SR30	DD4	DD12
						B		A	
				Emilie Lykke, Charlotte Scaffalitzky De Muckadell, Emilie Kristine Wærn, Amalie Præstholm					
1009	Germany 32	Female				SR5	SR14	DD21	DD30
						A		B	
				Manuela Metzger, Nicole Frisch, Nadine Schwarz, Alisa Kirsch					
1010	Belgium 31	Female				SR23	SR31	DD5	DD13
						B		A	
				Cassie De Vriese, Emmy De Poortere, Feline De Preester, Nele Martens, Joyce De Temmerman					
1011	Denmark 31	Female				SR6	SR15	DD22	DD31
						A		B	
				Mathilde Hammer, Fie Lindschouw, Line Bundgaard, Emilie Petersen					
1012	Germany 31	Female				SR24	SR32	DD6	DD14
						B		A	
				Julia Pischel, Lea Reister, Lisa Uebel, Kyra Nißle, Julia Gries					
1013	Sweden 32	Female				SR7	SR16	DD23	DD32
						A		B	
				Elin Söderlund, Tora Nyqvist, Sara Nässel, Wilma Roth					
2001	Belgium 37	Mixed				SR25	SR33	DD7	DD15
						B		A	
				Renze Vuye, Sarah De Groote, Anaité Vandenhove, Matthias Hiele, Lite Decuyper					
2002	Belgium 36	Mixed				SR8	SR17	DD24	DD33
						A		B	
				Tom Derekx, Maarten Huybrechts, Iris Vandewiele, Lisa Dexters, Sofie Florquin					
2003	Belgium 38	Mixed				SR26	SR34	DD8	DD16
						B		A	
				Henri Boone, Rogier De Boever, Kimberly Moerman, Lana Van Speybroeck, Jef Vandecasteele					
2004	Hungary 31	Mixed				SR9	SR18	DD25	DD34
						A		B	
				Brigitta Kiss, Laura Tatár, Fanni Kis, Ákos Bauer					

## European Youth Tournament 12 - 14 (Female + Male + Mixed)

### Single Rope

3001	Sweden 22	
3003	Belgium 24	
3005	Belgium 23	
3007	Belgium 21	
3009	Hungary 24	
3011	Denmark 21	
3013	Germany 24	
3015	Belgium 25	
4002	Hungary 21	
4004	Belgium 28	
4006	Belgium 26	
4008	Belgium 30	

### Double Dutch

3002	Germany 21	
3004	Belgium 22	
3006	Hungary 22	
3008	Sweden 21	
3010	Germany 22	
3012	Sweden 23	
3014	Germany 23	
4001	Belgium 29	
4003	Belgium 27	
4005	Portugal 21	
4007	Hungary 23	

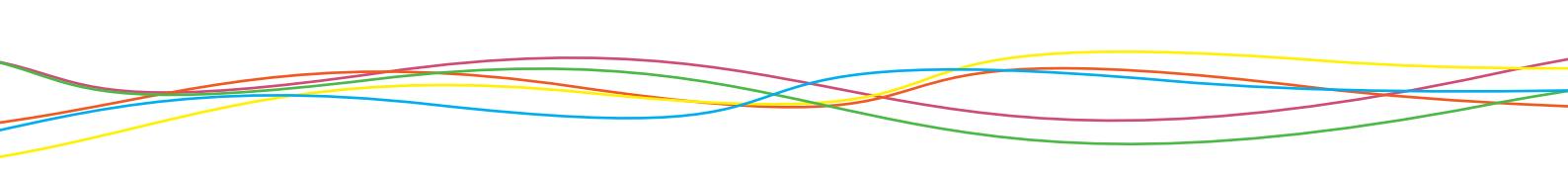
### Short Break

3002	Germany 21	
3004	Belgium 22	
3006	Hungary 22	
3008	Sweden 21	
3010	Germany 22	
3012	Sweden 23	
3014	Germany 23	
4001	Belgium 29	
4003	Belgium 27	
4005	Portugal 21	
4007	Hungary 23	

3001	Sweden 22	
3003	Belgium 24	
3005	Belgium 23	
3007	Belgium 21	
3009	Hungary 24	
3011	Denmark 21	
3013	Germany 24	
3015	Belgium 25	
4004	Belgium 28	
4006	Belgium 26	
4008	Belgium 30	

**European Youth Tournament 12 - 14 Female, Male and Mixed Categories (1)**

ID	Country	Age Group	Gender	Speed		Single Rope Freestyle		Double Dutch Freestyle	
				SR	DD	Pair	Team	Single	Double
3001	Sweden 22	22	Female	<input type="text"/>	<input type="text"/>	<input type="text"/> SR1	A <input type="text"/> SR13	<input type="text"/> DD23	B <input type="text"/> DD34
				Isa Vigren, Julia Nydemark, Smilla Eliasson, Marina Jalkell, Kajsa Arwejäll					
3002	Germany 21	21	Female	<input type="text"/>	<input type="text"/>	<input type="text"/> SR24	B <input type="text"/> SR35	<input type="text"/> DD1	A <input type="text"/> DD12
				Celina Stepski, Cansu Tamer, Lea Kristin Thiel, Jessica Weber, Lilith Schultheis					
3003	Belgium 24	24	Female	<input type="text"/>	<input type="text"/>	<input type="text"/> SR2	A <input type="text"/> SR14	<input type="text"/> DD24	B <input type="text"/> DD35
				Liselot Niclaes, Ems De Smul, Ems De Smul, Febe Lambrechts, Goele Vranckx, Zoë Mertens					
3004	Belgium 22	22	Female	<input type="text"/>	<input type="text"/>	<input type="text"/> SR25	B <input type="text"/> SR36	<input type="text"/> DD2	A <input type="text"/> DD13
				Marie Van de Cauter, Eline Delcroix, Marthe Patteeuw, Hanna De Baets, Frauke Vervaeke					
3005	Belgium 23	23	Female	<input type="text"/>	<input type="text"/>	<input type="text"/> SR3	A <input type="text"/> SR15	<input type="text"/> DD25	B <input type="text"/> DD36
				Amber Van Ruiten, Julie Keysers, Julie Maegh, Yara Meersschaert, Louise Ysewijn					
3006	Hungary 22	22	Female	<input type="text"/>	<input type="text"/>	<input type="text"/> SR26	B <input type="text"/> SR37	<input type="text"/> DD3	A <input type="text"/> DD14
				Réka Kovács, Boglárka Vona, Adél Kurtán, Eszter Krattinger					
3007	Belgium 21	21	Female	<input type="text"/>	<input type="text"/>	<input type="text"/> SR4	A <input type="text"/> SR16	<input type="text"/> DD26	B <input type="text"/> DD37
				Fien Cocquyt, Margot De Ruyck, Aline Degraeve Floor, Majo Malfait, Hanne Wesemael					
3008	Sweden 21	21	Female	<input type="text"/>	<input type="text"/>	<input type="text"/> SR27	B <input type="text"/> SR38	<input type="text"/> DD4	A <input type="text"/> DD15
				Emma Lundquist, Fredrika Hanserup, Emma Thorsson, Elsa Skansjö, Louise Söderlund					
3009	Hungary 24	24	Female	<input type="text"/>	<input type="text"/>	<input type="text"/> SR5	A <input type="text"/> SR17	<input type="text"/> DD27	B <input type="text"/> DD38
				Barbara Mező, Brigitta Csajka, Fanni Tószegi, Napsugár Boronkai					
3010	Germany 22	22	Female	<input type="text"/>	<input type="text"/>	<input type="text"/> SR28	B <input type="text"/> SR39	<input type="text"/> DD5	A <input type="text"/> DD16
				Andrea Raithel, Tanja Karrer, Theresa Detterbeck, Antonia Stangl, Maria Stangl					
3011	Denmark 21	21	Female	<input type="text"/>	<input type="text"/>	<input type="text"/> SR6	A <input type="text"/> SR18	<input type="text"/> DD28	B <input type="text"/> DD39
				Anna K. Sørensen, Mathilde Helbo Larsen, Katrine Roel, Louise Francis					
3012	Sweden 23	23	Female	<input type="text"/>	<input type="text"/>	<input type="text"/> SR29	B <input type="text"/> SR40	<input type="text"/> DD6	A <input type="text"/> DD17
				Wilma Forsberg, Frida Gottnersson, Meja Hermansson, Hanna Werner					

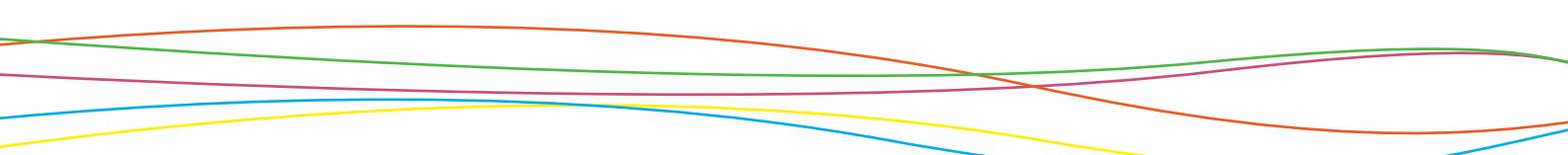


## European Youth Tournament 12 - 14 Female, Male and Mixed Categories (2)

			Speed		Single Rope Freestyle		Double Dutch Freestyle	
			SR	DD	Pair	Team	Single	Double
3013	Germany 24	Female	[ ]	[ ]	SR7	A [ ]	DD29	B [ ] DD40
			Peri Ann Houk, Maike Preuß, Theresa Eberhard, Anna Schmidt, Kimberly Ferreira-Teixeira					
3014	Germany 23	Female	[ ]	[ ]	SR30	B [ ] SR41	DD7	A [ ] DD18
			Henriette von Veltheim, Sophie von Gordon, Antonia Böge, Ronja Merz					
3015	Belgium 25	Female	[ ]	[ ]	SR8	A [ ] SR20	DD30	B [ ] DD41
			Ina Redant, Wietske Kesteleyn, Jana De Coster, Yoni Geens					
4001	Belgium 29	Mixed	[ ]	[ ]	SR31	B [ ] SR42	DD8	A [ ] DD19
			Jonas Dejonckheere, Jelle Van heesbeke, Piernelle Comeyne, Amber Ameye					
4002	Hungary 21	Mixed	[ ]	[ ]	SR9	A [ ]	[ ]	B [ ]
			Vivien Vass, Máté Varga					
4003	Belgium 27	Mixed	[ ]	[ ]	SR32	B [ ] SR43	DD9	A [ ] DD20
			Maxime Meskens, Stan De Strooper, Ins De Troetsel, Jelske Van den Broeck, Loike Vierendeels					
4004	Belgium 28	Mixed	[ ]	[ ]	SR10	A [ ] SR21	DD31	B [ ] DD42
			Boris Van Itterbeeck, Kaatje Van Butsel, Jelle De Beer, Lotte Goossens, Joke Vermuyten					
4005	Portugal 21	Male	[ ]	[ ]	SR33	B [ ] SR44	DD10	A [ ] DD21
			José Carmelo, João Rodrigues, David Silva, Hugo Ribeiro					
4006	Belgium 26	Mixed	[ ]	[ ]	SR11	A [ ] SR22	DD32	B [ ] DD43
			Tim Branswyk, Julie Hoekx, Pieter-Jan Neefs, Lien De Maeyer, Margot Schuurmans					
4007	Hungary 23	Mixed	[ ]	[ ]	SR34	B [ ] SR45	DD11	A [ ] DD22
			Adél Mukli, Cintia Váradí, Dalma Tyechlár, Bence Fogel					
4008	Belgium 30	Mixed	[ ]	[ ]	SR12	A [ ] SR23	DD33	B [ ] DD44
			Lévy Lamoot, Jarren Goes, Cinder Neyens, Amber Ingelaere					

Only competing in 2 x 1 Minute DD Speed

3016	Belgium 39	Mixed	Margot De Ruyck, Aline Degraeve Floor, Hanne Wesemael, Romy Doom
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## European Championships Team Speed Field Allocation

Saturday July 27th 09:30

### SR and DD Speed: Male and Mixed Categories

Round	Speed Field			
	1	2	3	4
1	5001	5002	5004	5005
2	5006	5007	5008	5009
3	5010	5011		5012
4	5013	5014		

Saturday (about) 12:00

### Double Dutch Pair Speed: Male and Mixed

Round	Speed Field			
	1	2	3	4
1	5001	5002		5009
2	5013	5015		

Saturday 13:00

### SR and DD Speed: Female Category

Round	Speed Field			
	1	2	3	4
1	6001	6002	6003	6004
2	6005	6006	6007	6008
3	6009	6010	6011	6012
4	6013	6014	6015	6016
5	6017	6018	6019	6020
6	6021	6022	6023 *	6024

\* Only DD Speed

Saturday (about) 17:00

### Double Dutch Pair Speed: Female Category

Round	Speed Field			
	1	2	3	4
1	1009	6001	6003	6005
2	6006	6007	6008	6009
3	6010	6013	6015	6017
4	6019	6020	6022	
5	6023	6024		

# European Championships Male and Mixed Categories

## Single Rope

5001	Great Britain 1	Pair Freestyle
5003	Hungary 5	
5005	Belgium 9	
5007	Belgium 8	
5009	Germany 1	
5011	Belgium 6	
5013	Portugal 1	

## Double Dutch

5002	Czech Republic 1	Single Freestyle
5004	Switzerland 1	
5006	Belgium 7	
5008	Belgium 12	
5010	Germany 5	
5012	Belgium 11	
5014	Belgium 10	

## Short Break

5002	Czech Republic 1	Pair Freestyle
5004	Switzerland 1	
5006	Belgium 7	
5008	Belgium 12	
5010	Germany 5	
5012	Belgium 11	
5014	Belgium 10	

5001	Great Britain 1	Single Freestyle
5005	Belgium 9	
5007	Belgium 8	
5009	Germany 1	
5011	Belgium 6	
5013	Portugal 1	

## European Championships Male and Mixed Categories

			Speed		Single Rope Freestyle		Double Dutch Freestyle	
			SR	DD	Pair	Team	Single	Double
5001	Great Britain 1	Mixed	<input type="text"/>	<input type="text"/>	<input type="text"/> A <input type="text"/>	SR1 A SR8	DD15 B <input type="text"/>	DD21 <input type="text"/>
			Harry Cross, Sam Cross, Tiffany Branscombe, Georgia Toay					
5002	Czech Republic	Mixed	<input type="text"/>	<input type="text"/>	<input type="text"/> B <input type="text"/>	SR14 B SR21	DD1 <input type="text"/> A <input type="text"/>	DD8 <input type="text"/>
			Alena Kadlčková, Anežka Bocková, Jarmila Psurná, Marcela Zámpová, Milan Hybner					
5003	Hungary 5	Mixed	<input type="text"/>	<input type="text"/>	<input type="text"/> A <input type="text"/>	SR2 A <input type="text"/>	<input type="text"/> B <input type="text"/>	<input type="text"/> B <input type="text"/>
			Gábor Molnár, Orsolya Tarjány					
5004	Switzerland 1	Mixed	<input type="text"/>	<input type="text"/>	<input type="text"/> B <input type="text"/>	SR15 B SR22	DD2 <input type="text"/> A <input type="text"/>	DD9 <input type="text"/>
			Marion Vollmann, Luana Casillo, Yvonne Elsener, Simon Pfiffner, Martin Angst					
5005	Belgium 9	Mixed	<input type="text"/>	<input type="text"/>	<input type="text"/> A <input type="text"/>	SR3 A SR9	DD16 B <input type="text"/>	DD22 <input type="text"/>
			Carlo De Caluwé, Roald Leeman, Tim Van de Walle, Bruno Van Peteghem, Elke Verhasselt					
5006	Belgium 7	Mixed	<input type="text"/>	<input type="text"/>	<input type="text"/> B <input type="text"/>	SR16 B SR23	DD3 <input type="text"/> A <input type="text"/>	DD10 <input type="text"/>
			Zoë Christiaens, Evelyn De Varé, Pieter-Jan De Backer, Lode D'hollander, Ellen De Schryver					
5007	Belgium 8	Mixed	<input type="text"/>	<input type="text"/>	<input type="text"/> A <input type="text"/>	SR4 A SR10	DD17 B <input type="text"/>	DD23 <input type="text"/>
			Fiona De Jaegher, Marie Bodequin, Kasper De Bruyn, Jens Ockerman, Jasna Lauwersyns					
5008	Belgium 12	Male	<input type="text"/>	<input type="text"/>	<input type="text"/> B <input type="text"/>	SR17 B SR24	DD4 <input type="text"/> A <input type="text"/>	DD11 <input type="text"/>
			Matthew Peters, Jeroen Wellens, Seppe Scheppers, Jari Delval					
5009	Germany 1	Mixed	<input type="text"/>	<input type="text"/>	<input type="text"/> A <input type="text"/>	SR5 A SR11	DD18 B <input type="text"/>	DD24 <input type="text"/>
			Christina Heinrichs, Benjamin Schmitz, Dominik Walter, Michèle Schröck					
5010	Germany 5	Mixed	<input type="text"/>	<input type="text"/>	<input type="text"/> B <input type="text"/>	SR18 B SR25	DD5 A <input type="text"/>	DD12 <input type="text"/>
			Kimberly Kuschmann, Vanessa Steinmetz, Franziska Hofferberth, Sebastian Deeg, Fabian Fischer					
5011	Belgium 6	Mixed	<input type="text"/>	<input type="text"/>	<input type="text"/> A <input type="text"/>	SR6 A SR12	DD19 B <input type="text"/>	DD25 <input type="text"/>
			Eva Theuns, Natasja Govaerts, Kristof Laenen, Pieter Himpe, Manuel Troost					
5012	Belgium 11	Male	<input type="text"/>	<input type="text"/>	<input type="text"/> B <input type="text"/>	SR19 B SR26	DD6 A <input type="text"/>	DD13 <input type="text"/>
			Dieter Baert, Siggi Spoelders, Sverre Vierendeels, Sebe De Troetsel					
5013	Portugal 1	Mixed	<input type="text"/>	<input type="text"/>	<input type="text"/> A <input type="text"/>	SR7 A SR13	DD20 B <input type="text"/>	DD26 <input type="text"/>
			Fernando Ferreira, Carlos Freitas, Joana Freitas, Marisa Ribeiro, Sara Ferreira					
5014	Belgium 1	Mixed	<input type="text"/>	<input type="text"/>	<input type="text"/> B <input type="text"/>	SR20 B SR27	DD7 A <input type="text"/>	DD14 <input type="text"/>
			Charissa Van Puymbroeck, Silke De Smet, Ayla Herbosch, Jens Op de Beeck					

Only competing in 2 x 1 Minute DD Speed

5015 Belgium 13 Mixed Liese Bouvijn, Roald Leeman, Caroline Maes, Tim Van de Walle

## European Championships 15+ Female

### Single Rope

6001	Hungary 4	
6003	Germany 2	
6005	Sweden 4	
6007	Hungary 1	
6009	Belgium 3	
6011	Germany 4	
6013	Sweden 3	
6015	Hungary 3	
6017	Sweden 2	
6019	Denmark 2	
6021	Belgium 5	
6001	Hungary 4	
6003	Germany 2	
6005	Sweden 4	
6007	Hungary 1	
6009	Belgium 3	
6011	Germany 4	
6013	Sweden 3	
6015	Hungary 3	
6017	Sweden 2	
6019	Denmark 2	
6021	Belgium 5	

### Pair Freestyle

### Double Dutch

6002	Sweden 1	
6004	Switzerland 2	
6006	Hungary 2	
6008	Belgium 2	
6010	Denmark 5	
6012	Denmark 1	
6014	Belgium 1	
6016	Denmark 4	
6018	Germany 6	
6020	Germany 7	
6022	Germany 3	
6024	Belgium 4	
6002	Sweden 1	
6004	Switzerland 2	
6006	Hungary 2	
6008	Belgium 2	
6010	Denmark 5	
6012	Denmark 1	
6014	Belgium 1	
6016	Denmark 4	
6018	Germany 6	
6020	Germany 7	
6022	Germany 3	
6024	Belgium 4	

### Single Freestyle

### Short Break

6002	Sweden 1	
6004	Switzerland 2	
6006	Hungary 2	
6008	Belgium 2	
6010	Denmark 5	
6012	Denmark 1	
6014	Belgium 1	
6016	Denmark 4	
6018	Germany 6	
6020	Germany 7	
6022	Germany 3	
6024	Belgium 4	
6002	Sweden 1	
6004	Switzerland 2	
6006	Hungary 2	
6008	Belgium 2	
6010	Denmark 5	
6012	Denmark 1	
6014	Belgium 1	
6016	Denmark 4	
6018	Germany 6	
6020	Germany 7	
6022	Germany 3	
6024	Belgium 4	

### Pair Freestyle

6001	Hungary 4	
6003	Germany 2	
6005	Sweden 4	
6007	Hungary 1	
6009	Belgium 3	
6011	Germany 4	
6013	Sweden 3	
6015	Hungary 3	
6017	Sweden 2	
6019	Denmark 2	
6021	Belgium 5	
6023	Denmark 3	
6001	Hungary 4	
6003	Germany 2	
6005	Sweden 4	
6007	Hungary 1	
6009	Belgium 3	
6011	Germany 4	
6013	Sweden 3	
6015	Hungary 3	
6017	Sweden 2	
6019	Denmark 2	
6021	Belgium 5	
6023	Denmark 3	

### Single Freestyle

### Double Freestyle

## European Championships 15+ Female Category (1)

		Female	Speed		Single Rope Freestyle		Double Dutch Freestyle	
			SR	DD	Pair	Team	Single	Double
6001	Hungary 4	Female	[ ]	[ ]	[ ]	SR1 A	SR12	DD25 B DD37
			Brigitta Ács, Nóra Ágnes Balogh, Viktória Nográdi, Blanka Kiss					
6002	Sweden 1	Female	[ ]	[ ]	[ ]	SR23 B	SR35	DD1 A DD13
			Klara Thulin, Lovisa Thulin, Elisabeth Herslow, Elina Bruer					
6003	Germany 2	Female	[ ]	[ ]	[ ]	SR2 A	SR13	DD26 B DD38
			Mirja Broichhagen, Melina Keck, Pauline von Veltheim, Sandra Kieckhofel, Milena Neuling					
6004	Switzerland 2	Female	[ ]	[ ]	[ ]	SR24 B	SR36	DD2 A DD14
			Sandra Haas, Marianne Roth, Katja Ruchti, Sara Ruchti, Sandra Meier					
6005	Sweden 4	Female	[ ]	[ ]	[ ]	SR3 A	SR14	DD27 B DD39
			Emily Hesselmark, Frida Andersson, Olivia Sandin, Vera Öster					
6006	Hungary 2	Female	[ ]	[ ]	[ ]	SR25 B	SR37	DD3 A DD15
			Brigitta Fekete, Dorottya Daróczy, Krisztina Nagy, Orsolya Papp, Orsolya Diszterhöft					
6007	Hungary 1	Female	[ ]	[ ]	[ ]	SR4 A	SR15	D28 B DD40
			Zsófia Csanálosi, Zsófia Kis, Hanna Bánhegyi, Éva Hanuszik					
6008	Belgium 2	Female	[ ]	[ ]	[ ]	SR26 B	SR38	DD4 A DD16
			Nathalie Bortels, Demi Detienne, Jolien Dingemans, Jolien Kempeneer, Emma Lietaer					
6009	Belgium 3	Female	[ ]	[ ]	[ ]	SR5 A	SR16	DD29 B DD41
			Elisabeth Vandevoorde, Ellen De Buck, Ine Billiet, Jana Bracke, Els Vancompernolle					
6010	Denmark 5	Female	[ ]	[ ]	[ ]	SR27 B	SR39	DD5 A DD17
			Sif Fink Arnbjerg-Nielsen, Tanja Nybro Hansen, Cecilia Præstholm, Celine Mathilde Wærn, Simone Rye Stjernekilde					
6011	Germany 4	Female	[ ]	[ ]	[ ]	SR6 A	SR17	DD30 B DD42
			Angela Merruko, Chantal Temerson, Alina Morkel, Mareen Bär, Anna-Maria Morkel					
6012	Denmark 1	Female	[ ]	[ ]	[ ]	SR28 B	SR40	DD6 A DD18
			Eva Skalshøj, Cathrine Hansen, Amalie Jørgensen, Nanna Andersen					

## European Championships 15+ Female Category (2)

ID	Country	Gender	Speed		Single Rope Freestyle		Double Dutch Freestyle	
			SR	DD	Pair	Team	Single	Double
6013	Sweden 3	Female	<input type="text"/>	<input type="text"/>	<input type="text"/> SR7	A <input type="text"/> SR18	<input type="text"/> DD31	B <input type="text"/> DD43
			Emilia Hanefjord-Badou, Evelina Bäckström, Lovisa Gustavsson, Frida Rehnström, Hanna Sköld					
6014	Belgium 1	Female	<input type="text"/>	<input type="text"/>	<input type="text"/> SR29	B <input type="text"/> SR41	<input type="text"/> DD7	A <input type="text"/> DD19
			Jana Janssens, Jolien Janssens, Jilka Lauwers, Shana De Jaegher, Valerie Bastien					
6015	Hungary 3	Female	<input type="text"/>	<input type="text"/>	<input type="text"/> SR8	A <input type="text"/> SR19	<input type="text"/> DD32	B <input type="text"/> DD44
			Pétra Farkas Csámgó, Felicia Lili Duka, Zsanett Szántkovics, Erika Dobó					
6016	Denmark 4	Female	<input type="text"/>	<input type="text"/>	<input type="text"/> SR30	B <input type="text"/> SR42	<input type="text"/> DD8	A <input type="text"/> DD20
			Sisse Spangsberg, Christina Troelsen, Regitze Schultz, Anette Eriksen					
6017	Sweden 2	Female	<input type="text"/>	<input type="text"/>	<input type="text"/> SR9	A <input type="text"/> SR20	<input type="text"/> DD33	B <input type="text"/> DD45
			Linnea Murmark, Alexandra Filipovic, Selma Kjellin, Josefina Holmgren					
6018	Germany 6	Female	<input type="text"/>	<input type="text"/>	<input type="text"/> SR31	B <input type="text"/> SR43	<input type="text"/> DD9	A <input type="text"/> DD21
			Viviane Wilok, Jacqueline Wilok, Janina Herbert, Melissa Lortz					
6019	Denmark 2	Female	<input type="text"/>	<input type="text"/>	<input type="text"/> SR10	A <input type="text"/> SR21	<input type="text"/> DD34	B <input type="text"/> DD46
			Christine Jensen, Asta Nielsen, Helena Jensen, Simone Rafn					
6020	Germany 7	Female	<input type="text"/>	<input type="text"/>	<input type="text"/> SR32	B <input type="text"/> SR44	<input type="text"/> DD10	A <input type="text"/> DD22
			Linda Salomon, Natalie Kühne, Evelin Pappelau, Stefanie Ansorge					
6021	Belgium 5	Female	<input type="text"/>	<input type="text"/>	<input type="text"/> SR11	A <input type="text"/> SR22	<input type="text"/> DD35	B <input type="text"/> DD47
			Liese Bouvijn, Jolien Claus, Floor Degraeve, Joyce Devolder, Caroline Maes					
6022	Germany 3	Female	<input type="text"/>	<input type="text"/>	<input type="text"/> SR33	B <input type="text"/> SR45	<input type="text"/> DD11	A <input type="text"/> DD23
			Katrín Ryan, Gianna Conradt, Caroline Weinz, Jessica Schröter, Julia Kannengießer					
6023	Denmark 3	Female	<input type="text"/>	<input type="text"/>	<input type="text"/> A	<input type="text"/>	<input type="text"/> B	<input type="text"/> DD48
			Helene Jensen, Jannicke Christensen, Sofie Slettebo, Lisa Kristensen					
6024	Belgium 4	Female	<input type="text"/>	<input type="text"/>	<input type="text"/> B	<input type="text"/> SR34	<input type="text"/> DD12	A <input type="text"/> DD24
			Janne Vincentie, Justien Ghesquiere, Sien Degeest, Lisa Vanbeckbergen, Hanne Leirs					

## Youth Tournament 12 - 14 Individual Speed Field Allocation

Sunday July 28th (9:30)

30 seconds Speed and 3 Minutes Endurance

Round	Speed Field					
	1	2	3	4	5	6
1	101	102	103	104	106	107
2	108 #	109 #	110	112	114	115
3	117	118	119	120	121 #	122
4	123 *	124*	125	126	127 *	128
5	201	202	203	204	205	206 #
6	207	209 *	210	211		
7	212	213	214	215		

# Only 30 sec. Speed

\* Only 3 Min. Endurance

## European Masters 15+ Speed Field Allocation

Sunday July 28th (13:00)

30 seconds Speed and 3 Minutes Endurance

Round	Speed Field					
	1	2	3	4	5	6
1	301	302	303 #	304	306 #	307
2	308	309	310	311	313	314
3	315	317	318 *	319	320	321
4	322	323	324	325	326	327
5	328	329	330 #	331	332	333
6	334	335	336	337	338	339
7	340	341 *	342	343	401	402
8	404	405	406	407	408	409
9	410	411 #	412	413	414	415
10	416	417 #	418	419		
11	420	421 *	422 *	423		

# Only 30 sec. Speed

\* Only 3 Min. Endurance

## European Championships Triple Under Field Allocation

Sunday (about) 17:00

Triple Unders

Round	Speed Field					
	1	2	3	4	5	6
1	308	309	311	314	315	317
2	319	326	333	335	336	338
3	344	345	346	347	348	
4	403	404	406	408	409	412
5	413	415	421	422	423	

### Youth Tournament Individual Female

ID	Country	Name	30 Sec. Speed	3 Min. Speed	Freestyle	No.
101	Germany	Peri Ann Houk				1
102	Sweden	Similla Eliasson				2
103	Belgium	Julie Keyzers				3
104	Sweden	Sara Nässel				4
105	Belgium	Julie Hoeckx				5
106	Germany	Cansu Tamer				6
107	Hungary	Brigitta Csajka				8
108	Hungary	Petra Poth				11
109	Belgium	Fien Cocquyt				13
110	Hungary	Flóra Bánhegyi				
111	Hungary	Eszter Krattinger				10
112	Sweden	Lovisa Thulin				12
113	Belgium	Julie Maegh				14
114	Germany	Lilith Schultheis				16
115	Germany	Emely Kobsa				18
116	Hungary	Vivien Vass				20
117	Switzerland	Joelle Zbären				22
118	Belgium	Yara Meerschaert				24
119	Belgium	Kaatje Van Butsel				26
120	Sweden	Isa Vigren				28
121	Belgium	Hanna De Baets				
122	Sweden	Tora Nyqvist				30
123	Hungary	Napsugár Boronkai				
124	Belgium	Majo Malfait				
125	Hungary	Réka Kovács				31
126	Hungary	Adel Mukki				32
127	Belgium	Margot De Ruyck				
128	Germany	Anna-Maria Morkel				33

### Youth Tournament Individual Male

ID	Country	Name	30 Sec. Speed	3 Min. Speed	Freestyle	No.
201	Hungary	Armand Benák				7
202	Portugal	David Silva				9
203	Hungary	Máté Varga				11
204	Belgium	Boris Van Itterbeek				13
205	Germany	Nico Birkenmayer				15
206	Belgium	Lévy Lamoot				17
207	Portugal	José Carmelo				19
208	Belgium	Jelle De Beer				209
209	Belgium	Jonas Dejnickheere				210
210	Belgium	Jelle Van heesbeke				21
211	Portugal	Hugo Ribeiro				23
212	Hungary	Bence Fogel				25
213	Portugal	João Rodrigues				27
214	Belgium	Timo Kempeniers				29
215	Belgium	Tim Branswyk				

### Judges 2

Due to the fact that there are more female skippers than male, the first 6 Freestyles will be judged by Judges 1 alone. Starting with Freestyle No. 7, the two sets of judges will then judge alternately until Freestyle No. 29, after which Judges 1 will judge alone again.

### European Masters Female Masters (1)

ID	Country	Name	30 Sec. Speed	3 Min. Speed	Freestyle	No.
301	Austria	Laura Göttfert				1
302	Great Britain	Tiffany Branscombe				2
303	Denmark	Hélène Jensen				
304	Switzerland	Sara Ruchi				3
305	Hungary	Dóra Krattinger				
306	Belgium	Flore Van Maldeghem				4
307	Germany	Sabrina Wagner				
308	Hungary	Hanna Bánhegyi				5
309	Austria	Katrin Böhm				7
310	Denmark	Caroline Ager				9
311	Portugal	Sara Ferreira				11
312	Belgium	Emille Van Heck				13
313	Hungary	Kriszina Nagy				15
314	Hungary	Brigitta Kiss				17
315	Hungary	Laura Tatár				19
316	Belgium	Janne Dewaele				21
317	Germany	Katrin Ryan				23
318	Hungary	Viktória Nőgrádi				25
319	Denmark	Eva Skalskøj				26
320	Great Britain	Georgia Toay				27

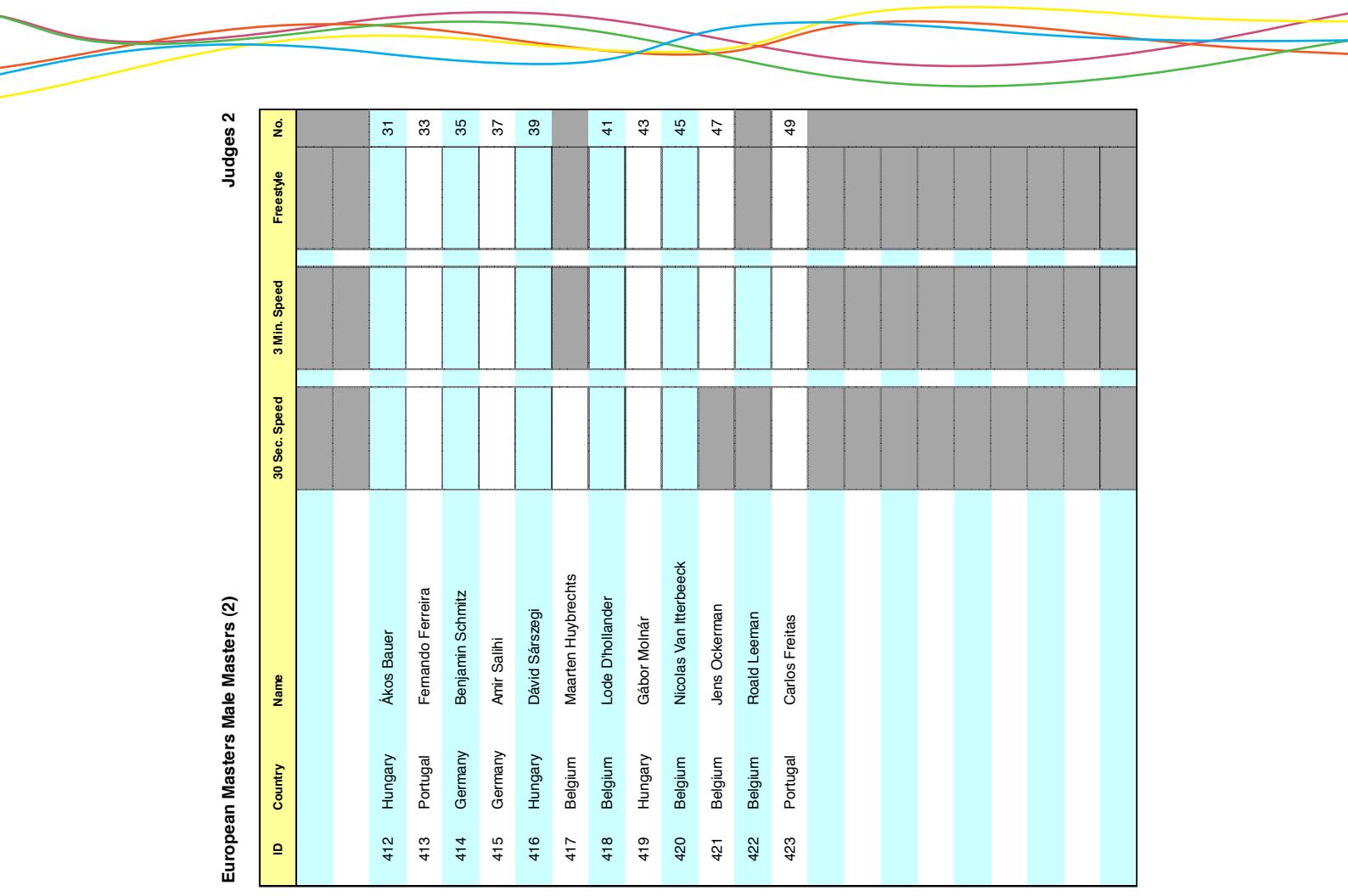
### European Masters Male Masters (1)

ID	Country	Name	30 Sec. Speed	3 Min. Speed	Freestyle	No.
401	Great Britain	Harry Cross				6
402	Great Britain	Sam Cross				8
403	Belgium	Tim Van de Walle				10
404	Germany	Eric Seeger				12
405	Austria	Benjamin Petermichl				14
406	Germany	Nicolai Lorke				16
407	Belgium	Pieter-Jan De Backer				18
408	Switzerland	Simon Pfiffner				20
409	Switzerland	Martin Angst				22
410	Germany	Daniel Stannard				24
411	Belgium	Anne Vangeenberghe				

Judges 2

ID	Country	Name	30 Sec. Speed	3 Min. Speed	Freestyle	No.
401	Great Britain	Harry Cross				6
402	Great Britain	Sam Cross				8
403	Belgium	Tim Van de Walle				10
404	Germany	Eric Seeger				12
405	Austria	Benjamin Petermichl				14
406	Germany	Nicolai Lorke				16
407	Belgium	Pieter-Jan De Backer				18
408	Switzerland	Simon Pfiffner				20
409	Switzerland	Martin Angst				22
410	Germany	Daniel Stannard				24
411	Belgium	Anne Vangeenberghe				

Due to the fact that there are more female skippers than male, the first 5 freestyles will be judged by judges 1 alone. Starting with Freestyle No. 6, the two sets of judges will then judge alternately until Freestyle No. 24, after which Judges 2 will have a longer break until Freestyle 31.



European Masters Female Masters (2)

ID	Country	Name	30 Sec. Speed		3 Min. Speed	Freestyle	No.
			30	Sec.			
321	Portugal	Marisa Ribeiro					28
322	Denmark	Christine Jensen					29
323	Belgium	Laurena Van Leeuwen					30
324	Germany	Maren Bär					32
325	Belgium	Jolien Kempeneer					34
326	Sweden	Klara Thulin					36
327	Czech Republic	Anežka Bocková					38
328	Austria	Christine van Lintveldt					40
329	Belgium	Jolien Janssens					42
330	Hungary	Éva Hanuszik					
331	Sweden	Evelina Bäckström					44
332	Germany	Sindi Sina					46
333	Switzerland	Lara Zedi					48
334	Portugal	Joana Freitas					
335	Sweden	Wilma Roth					50
336	Austria	Birgit Hasler					51
337	Belgium	Ellen De Schryver					
338	Germany	Sabrina Dietl					52
339	Sweden	Selma Kjellin					53
340	Austria	Hannah Göttfert					54
341	Belgium	Evelyn De Vare					
342	Sweden	Ellin Söderlund					55
343	Denmark	Sif Finn Amberg-Nielsen					56

European Masters Male Masters (2)

ID	Country	Name
412	Hungary	Ákos Bauer
413	Portugal	Fernando Ferreira
414	Germany	Benjamin Schmitz
415	Germany	Amit Salihi
416	Hungary	Dávid Sárszegi
417	Belgium	Maarten Huybrech
418	Belgium	Lode D'hollander
419	Hungary	Gábor Molnár
420	Belgium	Nicolas Van Itterbeek
421	Belgium	Jens Ockerman
422	Belgium	Roald Leeman
423	Portugal	Carlos Freitas

Judges 2

ID	Country	Name	30 Sec. Speed	3 Min. Speed	Freestyle	No.
412	Hungary	Ákos Bauer				31
413	Portugal	Fernando Ferreira				33
414	Germany	Benjamin Schmitz				35
415	Germany	Amir Salihi				37
416	Hungary	Dávid Sárszegi				39
417	Belgium	Maarten Huybrechts				
418	Belgium	Lode D'hollander				41
419	Hungary	Gábor Mohnár				43
420	Belgium	Nicolas Van Itterbeek				45
421	Belgium	Jens Ockerman				47
422	Belgium	Roald Leeman				
423	Portugal	Carlos Freitas				49

## General Competition Information

All competitions will be run in accordance with the ERSO Rule Book 2011-2013, which is based on the FISAC-IRSF Rule Book 2011-2012 with a few amendments.

Each Freestyle music CD is to be handed to the sound system operator shortly before the corresponding freestyle. **Please be sure to test all Freestyle music CDs on the competition sound system before the competition.**

**All scores displayed during the competitions are unofficial.** Preliminary results will be handed to the delegation leaders after each competition. If no objections are registered within one hour, these results will become final.

## Team Competition Description and Scoring Principles

For each event, every country may enter up to 5 teams in each age division and gender category (Male, Female and Mixed). Each team may have 4 to 5 members and in the case of the Mixed teams, both genders must participate in each event jumped. Teams that jump all of the following 6 events will also be ranked in the overall Team competition results.

1. **Single Rope Speed and Double Under Relay:** 2 team members each skip 30 seconds of "Speed Step" and 2 further team members each skip 30 seconds of "Double Unders" (2 rope rotations per jump). The goal is to complete as many successful jumps in the time.
2. **Double Dutch Speed Relay:** 4 team members each skip 45 seconds of "Speed Step" in Double Dutch (2 long ropes being turned in opposite directions for the jumpers). The goal is to complete as many successful jumps in the time.
3. **Single Rope Pair Freestyle:** the goal is for 2 team members to complete a synchronized creative routine with as many correctly executed skills at the skippers' highest ability, using single ropes and within a 60 - 75 second time limit.
4. **Single Rope Team Freestyle:** the same goal as in Pair Freestyle, but with 4 team members.
5. **Double Dutch Single Freestyle:** the goal is for 3 team members to complete a creative routine in Double Dutch with as many correctly executed skills at the skippers' highest ability within a 60 – 75 second time limit.
6. **Double Dutch Pair Freestyle:** the same goal as in Single freestyle, but with 4 team members.

During the speed events, each skipper's jumps are counted by three judges and the results are averaged according to the rule book. Due to the immense speed of the skippers, only the right foot "Speed Step" jumps are counted. The number of counted Single Rope Jumps is multiplied by 3 and the number of Double Dutch jumps is multiplied by 2 to calculate the scores for the speed events.

The 4 freestyle events are each judged by a jury of 17 judges - the Single Rope events by one jury and the Double Dutch events by the second set of judges. In each case 5 judges rate the level of difficulty, 5 judges evaluate the presentation of the performance and a further 6 judges look for required elements and count the mistakes. The Head Judge also counts mistakes and checks for time and space violations.

For each freestyle, half of the penalties are deducted from the averaged difficulty score and the other half of the penalties are deducted from sum of the averaged presentation and required element scores. The reduced difficulty scores from all participants are ranked and the reduced presentation plus required element scores from all participants are also ranked. The sum of these two rankings determines the winning order in each individual event. The overall ranking per team is the sum of the individual rankings.

**2 x 1 Minute Double Dutch Pair Speed:** This Competition consists only of this one event. Each country may enter up to 3 teams in each age division and gender category (Male, Female and Open). Two team members swing the ropes and the other two each skip 1 minute of "Speed Step" in the Double Dutch ropes. The goal is to complete as many successful jumps in the time.

## Individual / Masters Competition Description and Scoring Principles

For each event, every country may enter up to 5 skippers in each age division and gender category (Male, Female). Skippers that jump all of the following 3 events will also be ranked in the overall competition results:

1. **30 Seconds Speed - Sprint:** the goal is to complete as many successful "Speed Step" jumps in the time
2. **3 Minutes Speed - Endurance:** the same goal as 30 Seconds Speed
3. **Freestyle:** the goal is to complete a creative routine with as many correctly executed skills at the skippers' highest ability within a 60 – 75 second time limit.

The scoring principles are similar to those in the Team Competition.

**Triple Unders - Power:** This Competition is for 15+ only and consists only of this one event. Each country may enter up to 3 skippers in each gender category (Male and Female). The goal is to complete as many consecutive "Triple Unders" (3 rope rotations per jump) without stopping. Each skipper normally has only one attempt. If less than 30 are jumped a second attempt is permitted.

# G A L L A S H O W

AALB  
DENN

EUROPEAN RUMSKIPPING C

BALLONMANDEN



SILKEBORG PIGERNE &  
DRENGENE



GUG ROPE SKIPPING TEAM  
FEAT. TRIOEN "TREO"



THOMAS SKOV'S  
SPORTSPROGRAM



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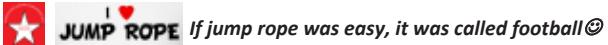
- presents great offers on t-shirts, tank tops, shorts, sweatpants and hoodies with print of your choice

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Short-sleeved t-shirt in comfortable cotton quality with stretch for best comfort and fit.  
95 % cotton and 5 % spandex. DKK: 90,00,-  


**Hoodies**  
Classic hoodie with kangaroo pocket and full-length zipper. Soft and brushed inside.  
70 % cotton and 30 % polyester. DKK: 275,00  


**Womens Tank Top/T-shirt**  
Tank top/t-shirt in soft cotton with stretch 98 % cotton and 2 % spandex. Available in several colors. From DKK: 100,00,-  


**Sporty Sweatpants**  
Men's and women's sweatpants with elastic waistband. Two pockets. 70 % cotton and 30 % polyester. DKK: 199,00,-  


**Print on clothes (logos, flags, names etc.):** Small print: DKK 50,-. Big print: DKK: 60,-  


# PICTURE DVD - from the championships



**Køb en copyright protected DVD med billeder fra konkurrencerne for kun Dkr 100,-**  
Køb dem i INFO-center senest lørdag eftermiddag og få dem udleveret i INFO-center fra mandag aften. Vi har 2 fotograf tilstede under konkurrencerne.

**Buy a copyright protected DVD with pictures from the championships for only Dkr 100,-**  
Buy them at the INFO-center no later than Saturday afternoon and pick them up at the INFO-center from Monday night. We have 2 photographers present at the championships.

**PhotoCare · Østerå 4 ·  
9000 Aalborg · Telefon 9816 7177**




# På gensyn i Spar Nord Vejgaard

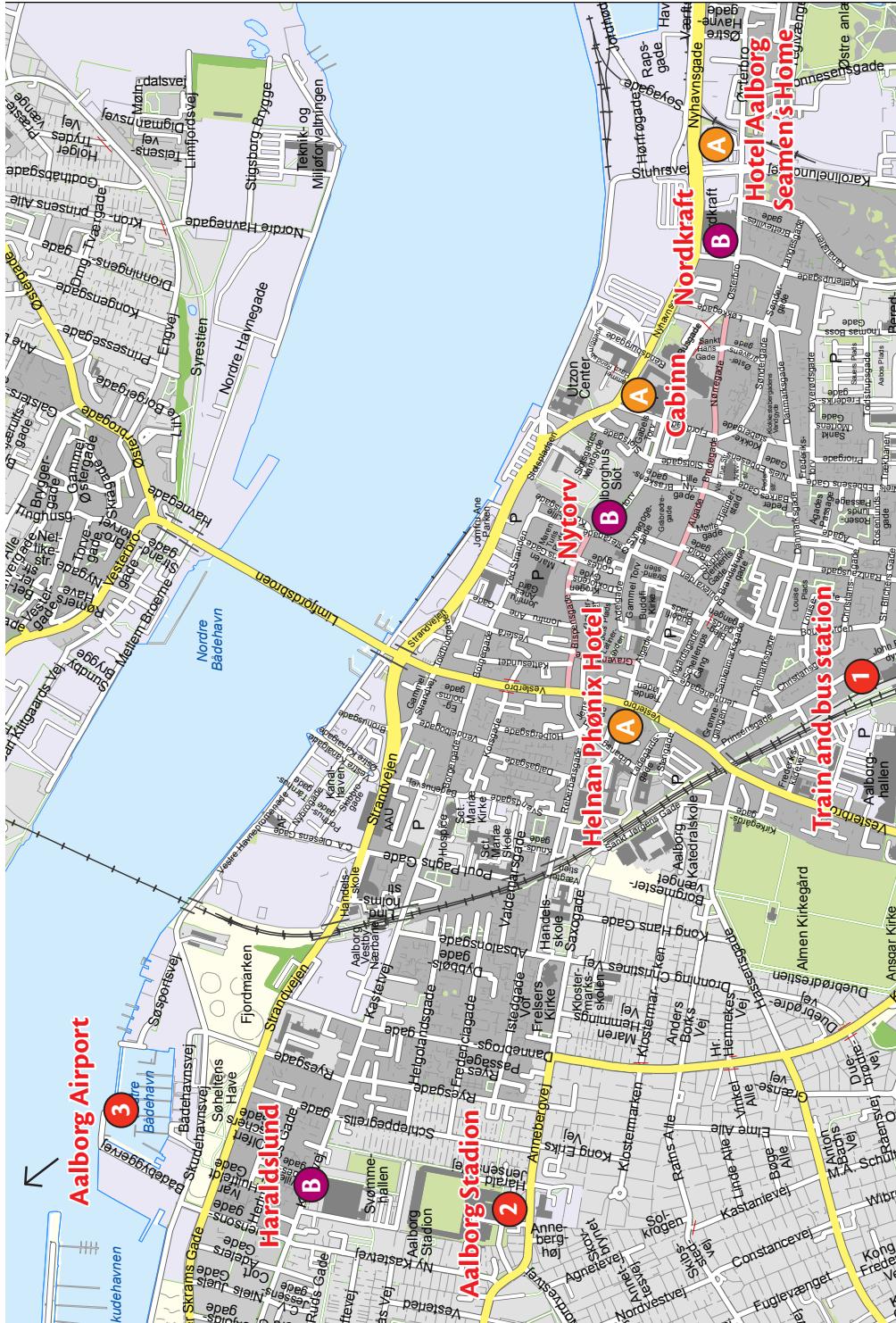



**jill.dk**



**JILL A/S**  
PROMOTION & DESIGN  
PASSION FOR GIFTS

<b>Aalborg Airport</b> to Aalborg Stadium <b>7,3 km</b>	<b>3</b>
Train and bus station to Aalborg Stadium <b>1,8 km</b>	<b>1</b>
Helnan Phønix Hotel to Aalborg Stadium <b>1,3 km</b>	<b>A</b>
Aalborg Seamen's Home to Aalborg Stadium <b>3,1 km</b>	<b>CABINN</b>
CABINN to Aalborg Stadium <b>2,2 km</b>	<b>BUSSTOP</b>
	Nytorv, Haraldslund and Nordkraft



## 12 Mod Universitetet

by bus 12

### STOPPESTEDER:

**Vesterkæret** (Vestre Fjordvej)

Steen Billes Gade

Haraldslund

Schleppgrellsgade

Sct. Joseph

Badehusvej

Jomfru Ane Gade

Nytorv

Boulevarden

**Aalborg Busterminal F**

Politigården

Bornholmsgade

Sjællandsgade

Turøgade

Petersborgvej

Vejgaard Bymidte

Hermodsgade

Filstedvej

Doravej

Charlottehøj

Ritavej

Sofievej Syd

Esbjergparken

Gigantium

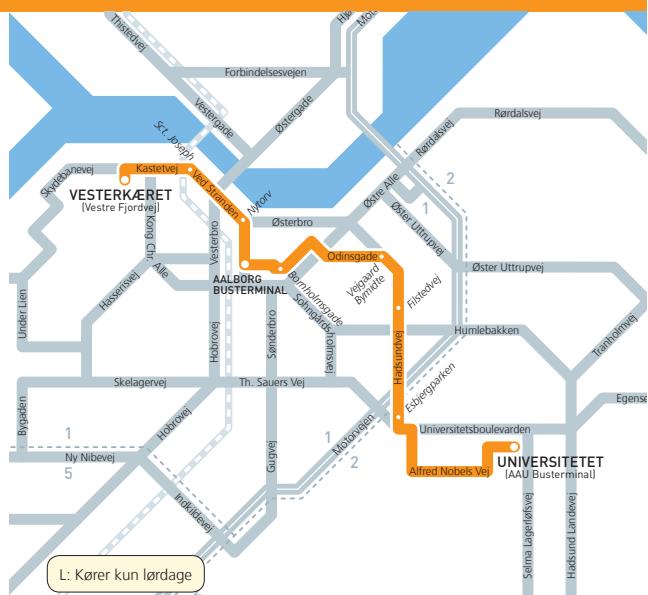
Da Vinci Parken

Halldor Laxness Vej

Niels Jernes Vej

Mejrupstien

**Universitetet** (AAU Busterminal)



## 12 Mandag-fredag

## 12 Lørdag, søn- og helligdag

Vesterkæret (Vestre Fjordvej)	Sct. Joseph	Nytorv	Aalb. Busterminal F	Bornholmsgade	Vejgaard Bymidte	Filstedvej	Esbjergparken	Universitetet (AAU Busterminal)
6.54	6.56	7.01	7.08	7.11	7.16	7.18	7.22	7.30
09	11	16	23	26	31	33	37	45
24	26	31	38	41	46	48	52	00
39	41	46	53	56	01	03	07	15
54	56	01	08	11	16	18	22	30
18.24	18.26	18.31	18.38	18.41	18.46	18.48	18.52	19.00

Senere afgange se køreplanen for linie 23 og 24

Vesterkæret (Vestre Fjordvej)	Sct. Joseph	Nytorv	Aalb. Busterminal F	Bornholmsgade	Vejgaard Bymidte	Filstedvej	Esbjergparken	Universitetet (AAU Busterminal)
L8.15	L8.17	L8.21	L8.30	L8.32	L8.37	L8.39	L8.43	L8.50
L8.45	L8.47	L8.51	L9.00	L9.02	L9.07	L9.09	L9.13	L9.20
9.15	9.17	9.21	9.30	9.32	9.37	9.39	9.43	9.50
45	47	51	00	02	07	09	13	20
15	17	21	30	32	37	39	43	50
22.45	22.47	22.51	23.00	23.02	23.07	23.09	23.13	23.20

Tidligere afgange se køreplanen for linie 23 og 25

L8.15	L8.17	L8.21	L8.30	L8.32	L8.37	L8.39	L8.43	L8.50
L8.45	L8.47	L8.51	L9.00	L9.02	L9.07	L9.09	L9.13	L9.20
9.15	9.17	9.21	9.30	9.32	9.37	9.39	9.43	9.50
45	47	51	00	02	07	09	13	20
15	17	21	30	32	37	39	43	50
22.45	22.47	22.51	23.00	23.02	23.07	23.09	23.13	23.20

Senere afgange se køreplanen for linie 23 og 24

## 12 Mod Vesterkæret

by bus 12

## 12 Mandag-fredag

## 12 Lørdag, søn- og helligdag

Universitetet (AAU Busterminal)	Esbjergparken	Filstedvej	Vejgaard Bymidte	Bornholmsgade	Aalb. Busterminal D	Nytorv	Sct. Joseph	Vesterkæret (Vestre Fjordvej)
5.13	5.20	5.23	5.25	5.28	5.35			
5.58	6.05	6.08	6.10	6.13	6.20			
6.13	6.20	6.23	6.25	6.28	6.35			
6.43	6.50	6.55	6.57	7.02	7.08	7.11	7.15	7.19
58	05	10	12	17	23	26	30	34
13	20	25	27	32	38	41	45	49
28	35	40	42	47	53	56	00	04
43	50	55	57	02	08	11	15	19
18.13	18.20	18.25	18.27	18.32	18.38	18.41	18.45	18.49
18.36	18.43	18.46	18.48	18.53	19.00	19.03	19.07	19.11
06	13	16	18	23	30	33	37	41
36	43	46	48	53	00	03	07	11
22.36	22.43	22.46	22.48	22.53	23.00	23.03	23.07	23.11

Senere afgange se køreplanen for linie 23 og 24

Universitetet (AAU Busterminal)	Esbjergparken	Filstedvej	Vejgaard Bymidte	Bornholmsgade	Aalb. Busterminal D	Nytorv	Sct. Joseph	Vesterkæret (Vestre Fjordvej)
5.13	5.20	5.23	5.25	5.28	5.35			
5.58	6.05	6.08	6.10	6.13	6.20			
6.13	6.20	6.23	6.25	6.28	6.35			
6.43	6.50	6.55	6.57	7.02	7.08	7.11	7.15	7.19
58	05	10	12	17	23	26	30	34
13	20	25	27	32	38	41	45	49
28	35	40	42	47	53	56	00	04
43	50	55	57	02	08	11	15	19
18.13	18.20	18.25	18.27	18.32	18.38	18.41	18.45	18.49
18.36	18.43	18.46	18.48	18.53	19.00	19.03	19.07	19.11
06	13	16	18	23	30	33	37	41
36	43	46	48	53	00	03	07	11
22.36	22.43	22.46	22.48	22.53	23.00	23.03	23.07	23.11

Tidligere afgange se køreplanen for linie 23 og 25

L8.36	L8.43	L8.46	L8.48	L8.53	L9.00	L9.03	L9.07	L9.11
L9.06	L9.13	L9.16	L9.18	L9.23	L9.30	L9.33	L9.37	L9.41
9.36	9.43	9.46	9.48	9.53	10.00	10.03	10.07	10.11
06	13	16	18	23	30	33	37	41
36	43	46	48	53	00	03	07	11
22.36	22.43	22.46	22.48	22.53	23.00	23.03	23.07	23.11

Senere afgange se køreplanen for linie 23 og 24

**13 Mod Væddeløbsbanen  
Mod Gug Øst**

**STOPPESTEDER:**

**Gug Øst** (Christmas Møllers Vej)  
 Apollonvej  
 Panstien  
 Rhestien  
 Koreej  
 Erosstien  
 C.Th. Zahles Vej  
 Juelsparken  
 Hellevangen  
 Agervangen  
 C.P. Holbølls Plads  
 Mylius Erichsens Vej  
 Brønlundsvæj  
 Frydendal  
 Vandværket

**Eternitten**  
 Kærvanghus  
 Brandstationen  
 Politigården

**Aalborg Busterminal D**

Boulevarden  
 Nytorv  
 Jomfru Ane Gade  
 Badehusvej  
 Sct. Joseph  
 Schleppegrellsgade  
 Haraldslund  
 Steen Billes Gade  
 Friulfsbadet

**Væddeløbsbanen**

**VÆDDELØBSBANEN**

Gældende fra 16. juni til 10. august 2013 begge dage inkl.

Bemærk at der ikke er feriekøreplan lørdage, sør- og helligdage i ferieperioder. Se helårskøreplanen.

**13 Mandag-fredag**

Væddeløbsbanen						
Gug Øst (Christmas Møllers Vej)		Hellevangen		C.P. Holbølls Plads		Vandværket
						Aalb.-Busterminal D
5.18	5.23	5.25	5.28	5.40	5.44	Sct. Joseph
5.47	5.53	5.56	6.00	6.05		Væddeløbsbanen
6.02	6.08	6.11	6.15	6.20		
6.18	6.23	6.25	6.28	6.40	6.44	
<b>Nytorv</b>						
5.53 5.58 6.02 6.05						
6.09 6.12 6.16 6.25						
6.24 6.27 6.31 6.40						
<b>Sct. Joseph</b>						
7.01 7.05 7.08 7.15						
24 29 32 37 45 49 53 57						
54 59 02 07 15 19 23 27						
17.54 17.59 18.02 18.07 18.15 18.19 18.23 18.27						
<b>Aalb.-Busterminal D</b>						
18.25 18.31 18.33 18.37 18.45 18.47 18.49 18.56						
55 01 03 07 15 17 19 26						
25 31 33 37 45 47 49 56						
22.25 22.31 22.33 22.37 22.45 22.47 22.49 22.56						

Senere afgange se køreplan for linje 23

**13 Mandag-fredag**

Væddeløbsbanen						
Gug Øst (Christmas Møllers Vej)		Hellevangen		C.P. Holbølls Plads		Vandværket
						Aalb.-Busterminal F
5.53	5.58	6.02	6.05	6.28	6.33	6.35
6.09	6.12	6.16	6.25	6.43	6.48	6.50
6.24	6.27	6.31	6.40	6.43	6.48	6.58
<b>Nytorv</b>						
7.01 7.05 7.08 7.15						
31 35 38 45						
01 05 08 15						
50 55 57 05						
20 25 27 35						
18.01 18.05 18.08 18.15						
18.20 18.25 18.27 18.35						
<b>Sct. Joseph</b>						
18.29 18.32 18.36 18.45						
59 02 06 15						
29 32 36 45						
18 23 25 33						
48 53 55 03						
<b>Aalb.-Busterminal F</b>						
22.29 22.32 22.36 22.45						
22.48 22.53 22.55 23.03						

Senere afgange se køreplan for linje 23

## Busses from the Seamens Home

Take bus number 11 from Nordkraft to Nytorv  
 and from Nytorv to Aalborg Stadium bus number 12 or 13.

### Time schedule from Nordkraft:

Weekdays: every half hour between 6.45 and 22.44

Weekend: every half hour between 9.44 and 22.44 (Saturday from 8.44)

### Time schedule from Nytorv:

Weekdays: Every half hour between 7.12 and 23.04

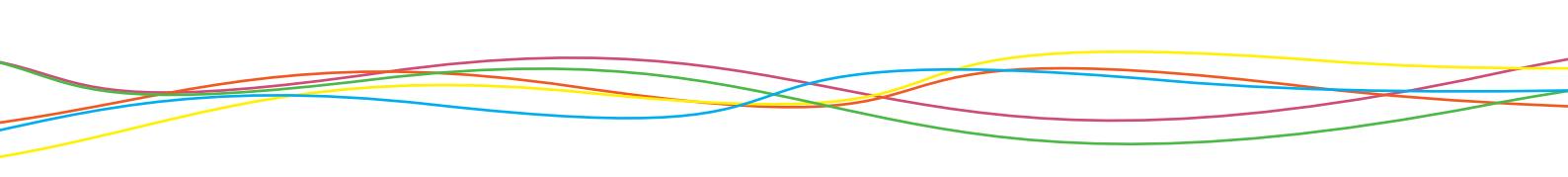
Weekend: Every half hour between 09.04 and 23.04

## Merchandise

IPhone cover .....	40 kr.
IPad Cover .....	120 kr.
Notebook .....	35 kr.
Keychain .....	80 kr.
Towel .....	100 kr.
Sportsbag .....	150 kr.
T-shirts .....	60 kr.
Programme .....	30 kr.

**Watch the LIVE STREAMING  
FREE on  
[www.sports-web.dk](http://www.sports-web.dk)**





## Menu in the sports cafe

Meatballs with potato salad .....	50 kr.
Sausages with bread .....	30 kr.
Chicken dog .....	25 kr.
Grill Sausage with bread .....	23 kr.
Muffins .....	15 kr.
Fruit .....	6 kr.
Chocolate .....	15 kr.
Candy bags .....	25 kr.
Toast .....	25 kr.
0,5 Soda .....	25 kr.
0,5 Spring water .....	20 kr.
0,4 Beer .....	40 kr.
Hot drinks .....	15 kr.
Hot Chocolate .....	20 kr.

# SCANDICON

BYGGETEKNIK A/S

## 25 års byggeekspert til Norge

[www.scandicon-byggeteknik.dk](http://www.scandicon-byggeteknik.dk)



Fordelene ved kunstige planter er mange. De er rengøringsvenlige og hygiejiske, kræver et absolut minimum af vedligehold og kan trives uanset lys- og temperaturforhold. Ydermere sparer man omkostningerne til vedligeholdelse.



### Kunstige planter

- i naturens eget design

Blomster og grønne planter gør en forskel, der hvor mennesker færdes. De skaber levende og imødekommande miljøer, som sætter trivsel og velvære i højсædet.

Vi leverer kunstige planter i flotte og stilrene plantekummer til erhvervskunder og alle former for offentlige institutioner. Fra den første samtale til den færdige løsning, hjælper vi jer igennem med inddrætningsforslag og opstilling. Altid med fokus på den gode service.

KunstigePlanter.dk er din leverandør af naturort kunstige planter, der i så høj grad ligner den ægte vare, at det kan være svært at se - og mærke forskel.

Kontakt os på telefonen 2088 7629, eller bliv yderligere inspireret på hjemmesiden.



KunstigePlanter.dk

- I NATURENS EGET DESIGN

Tlf: 2088 7629 | [www.kunstigeplanter.dk](http://www.kunstigeplanter.dk)

L A N D S D Å K K E N D E P L A N T E S E R V I C E



# Useful telephone numbers and addresses

## Emergency Contact Information

Contact your Head of Delegation  
with any emergencies

In case of emergency  
Phone: 112

Police in Aalborg  
Phone: 114

First aid station  
Hobrovej 18  
9000 Aalborg  
Phone: +45 7015 0300  
(You have to call and talk with  
the doctor before visit)

## Pharmacy

Budolfi Apotek  
Algade 60  
9000 Aalborg  
Phone: +45 9812 0677  
(open 24 hours)

## Info Centre

The info centre at Aalborg Stadium  
will be open every day from 8.00 to 23.00.

## Event hotline

Phone: +45 2520 1621

## Transportation

Aalborg Taxa  
Phone: +45 9810 1010

Aalborg Airport  
Ny Lufthavnsvej 100  
9400 Nørresundby  
Phone: +45 9817 1144

Aalborg Train Station  
John F. Kennedys Plads 3  
9000 Aalborg  
Phone: +45 7013 1415

## Competition venue

Aalborg Stadium  
Harald Jensens Vej 5-9  
9000 Aalborg

## Accommodation

Hotel CABINN Aalborg  
Fjordgade 20  
9000 Aalborg  
Phone: +45 9620 3000

Helnan Phønix Hotel Aalborg  
Vesterbro 77  
9000 Aalborg  
Phone: +45 9812 0011

Hotel Aalborg Seamens Home  
Østerbro 27  
9000 Aalborg  
Phone: +45 9812 1900



*Støtter*

**STØTTER  
SPORTEN**



